



Ephemeral (Dry) River Drive

Marvel at the rich vegetation with the possibility to encounter desert adapted Elephants in the dry Aba-Huab River bed. Although the riverbed is dry most months of the year, the Elephants are mostly present during March to October. The Elephants leave the riverbed during the rainy season November to February to forage for greener foliage in the mountains and valleys surrounding the Aba-Huab Riverbed. After searching for the Elephants, return over valleys of savanna, small dunes and magnificent geological formations. Stop at Welwitschia Hill for a sundowner before heading back to the Lodge to freshen up and enjoy a sumptuous dinner.

Departure time is at 15h30 during summer (Sept to March) and at 15h00 during winter (April to August). Guests must enquire at Reception in case of last minute changes to the schedule. Mineral water, cool drinks, beer & sparkling wine are included. Duration is approx 3 hours.

Cost 2010 – N\$308.00 Nett per person

Cost 2011 – N\$339.00 Nett per person

Rock Engraving & Petroglyphs

A trip to the “Rock engravings & paintings”, “The Burnt Mountain” and “The Organ Pipes”, accompanied by a resident guide.

Mineral water & soft drinks are included.
Depart at 8h00 after breakfast.
Duration approx 3 hours.

Cost 2010 – N\$280.00 Nett per person

Cost 2011 – N\$308.00 Nett per person

Guided Hiking Trails

Guided morning and afternoon hiking trails are available. Morning trails will start 30 min. Before sunrise, your breakfast is packed for you to enjoy a “Mountain Breakfast” at a beautiful spot.

The afternoon trails start 3hrs before sunset to allow guests time to get back to the lodge before sunset.

The duration of the walk will be determined by the guide, considering the speed and capabilities of each guest.

Minimum - 2 persons, maximum 10 persons per guide.

Cost 2010 – N\$25.00 Nett per person

Cost 2011 – N\$28.00 Nett per person

Cycling

There are suggested routes in the vicinity of the Lodge guests can cycle. Alternatively, you can cycle to the rock engravings on your own and join a guided tour through the heritage site with the Monument Council guides.

Cost 2010 – N\$40.00 Nett per person

Cost 2011 – N\$44.00 Nett per person

Seven Plates *(Must be booked in advance due to guide availability)*

Starting at the lodge entrance the trail leads eastwards, along the Mount Etjo Sandstone Ridge to the Seven Plates. On the way a stone age hunting hide is viewed, metamorphic rocks (caused by constant metamorphosis by intruding basalt) can be seen and is pointed out. Information on the plants and trees of Damaraland is shared with you as you pass through the area. At the Seven Plates a geological explanation is given of what the Mount Etjo Sandstone is and why prehistoric man engraved on it and an introduction to ritual art will follow. Tours around the Seven Plates are guided and explanations given about the technique used to engrave, the meaning of certain animal, spoor and symbolic signs. The Seven Plates have approx 200 individual engravings on them.

The trail continues past another small engraving site to the Hare Paintings. Here the guest will have an introduction to Bushman art. The difference between Bushman art and the engravings of prehistoric man is explained. The disappearance of prehistoric man and the appearance of the San People is discussed. Trees and certain plants along the riverbank is identified by your guide as you make your way back to the “Ceremonial Rock” entrance to the Lodge. A full explanation of the engravings and the significance of the ceremonial rocks brings you to the end of the trail.

Instead of walking back, a pick-up for the elderly and poor walkers can be arranged from the Seven Plates.

Departure time: Please enquire at reception.

Length of Trail: 4km.

Duration: 2 hours guided.

Elevation: 20m, a light and easy hike.

Includes mineral water.

Cost 2010 – N\$35.00 Nett per person

Cost 2011 – N\$39.00 Nett per person

The Real Adam & Eve *(Must be booked in advance due to guide availability)*

A drive to Adam and Eve Rock - view engravings and a small Bushman painting, then continue to the real Adam and Eve painting. Explanations and lecture as at the Hare Painting will be conducted by your guide.

Time: Please enquire at reception. This is only a mornings excursion - the paintings are almost invisible in the afternoon sun.

Distance: 20km from the Lodge.

Duration: 1.5 hours guided.

Elevation. 12 m.

Short walk after reaching the site: 10 minutes.

Includes soft drinks and mineral water.

Cost 2010 – N\$90.00 Nett per person

Cost 2011– N\$99.00 Nett per person

Stargazing Gazing *(weather permitting)*

Depart the Lodge at 21h00 after dinner on a short night drive away from the ambient light of the main Lodge, to the stargazing spot where our resident Astronomer will introduce you to the Southern Skies as they appear through his telescope.

Duration approx 2 – 3 hours

Minimum of 2 guests required and a maximum of 12 guests per session.

Cost 2010 – N\$185.00 Nett per person

Cost 2011 – N\$204.00 Nett per person